

## Child's responsibilities

$\times$ Cross out ones that don't apply

## I won't use my phone after pm on school nights.*

*Unless you have dragged me to an incredibly boring ballet recital which is dragging on and on and on, in which case I'm allowed to text my friends and complain about my life.

I will always answer when my parent/ caregiver calls.*
*Unless it is the fourth time in two minutes that you have pocket dialled me, in which case I am not in breach of the contract by ignoring the call.

## I won't use my phone while riding a bike or driving.

I understand that my parent/ caregiver(s) can look at any content on my phone including but not limited to messages, browser history, private Instagram accounts, Spotify playlists, Snap streaks, videos, photos, secret calculator app, actual calculator app.

I won't use my phone at mealtimes.*
*Unless you guys are using your phones during mealtime, in which case I will follow your example and not this contract.

## I'm responsible

 for keeping track of my phone and keeping it in 'good condition'.**Good condition is in speech marks cause some parents use phones with such munted screens that it is basically a guillotine for their fingertips.

I promise to let my caregiver/parent use my charger if my battery has more charge in it than they do.

I will let my parents know if I get any suspicious notifications, messages, friend requests or calls from random numbers.*
"My parents will ottempt to stocy chili in any situation when they would usually overreact

I will not use my phone to bully anyone.

I will be considerate about how I use my phone in public, especially in quiet places.*

[^0]If I go over the text/ call/data limits of my phone plan, I will pay for the extra costs by
(Parents - add an interesting selection of jobs here such as vacuum the ceiling, tumble dry the doilies, sniff the milk that's past its use-by date)

I won't use my phone to look at inappropriate pictures or videos.*
*This includes researching photos of Dad at university during his 'glory days'.

I won't take or send any inappropriate photos of myself or anyone else.
*Including photos of my armpit or the inside of my elbow that may lead people to believe I have actually taken an inappropriate photo.

I will follow any rules my school has about phones.*
*Unless I am homeschooled, then the rules of the home cancel out the rules of the school.

I won't let the phone be used by anyone else to do things I'm not allowed to do.


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I promise to text happy birthday to Grandad to help him remember that I exist.

I promise that I will endeavour to spread positivity by writing uplifting comments on unflattering photos of my friends and family.*
"Example, "Wow, Mum, you don't look a day over 50," knowing full well that Mum is 51 .

## I won't use inappropriate language in my texts.*

*This is mostly with regards to the correct use of the word 'there', 'their' and 'they're'.

I promise that I won't use more than three ' $y$ 's at the end of the word 'hey' when texting someone I am attracted to.

## I understand that

having a cellphone
is a privilege. If I
break this contract
or other family rules,
I may lose my phone privileges as a consequence.

I promise to never seriously use the eggplant emoji.

I will not send
threatening or mean texts to anyone.*
*With the exception of Troy. Troy knows that my mean texts are actually funny because he can read my texts the way I would say them.

I promise to teach my parents what current acronyms and emojis mean six months after they are cool.*
*LOL stands for lots of love and not laugh out loud.

I promise to share relevant memes with my parents the same way that office workers in the 90s shared funny email threads.


## Parent's responsibilities

$X$ Cross out ones that don't apply


If my child tells me about any interaction they have had on their phone that makes them feel unsafe or uncomfortable, my first response won't be to confiscate the phone.*
*I may still confiscate the phone. However, if my child can learn that I am a reasonable person to talk to about the occasionally scary online world, then they will be more likely to talk to me if anything else unpleasant happens to them in the future.

I
I will text my child during class to make sure that their phone is on silent. Also during assembly, and at any formal event that they attend.*
*I won't actually do this but I wanted this in the contract to reinforce the importance of being aware of the impact that technology can have on others.

I,
and conditions of this contract.

This contract is between
$\qquad$ and $\qquad$ -.

Signed $\qquad$
Date
$\qquad$

Signed $\qquad$ Date $\qquad$


[^0]:    *This is more about talking and less about texting, unless I have very clicky fingers.

