You can play games! We want you to! But we want you to do it in a way that will be safe and healthy, and we don’t want gaming to get in the way of other important things in your life. So, there will be rules about how long you can play and what you are allowed to play. These rules apply at home and also anywhere else you play games. Your friends visiting our home must follow these rules as well.

- You cannot play games after _______________ at night or before _______________ in the morning.
- You are allowed to play games during the following times of the day - _______________.
- You cannot play games for more than ________ hours a day. Extra time can be negotiated on weekends and holidays.
- Weekend / holiday agreement: _______________

Types of games
- You can only play games rated suitable for your age or
- You can only play games we have approved or
- We trust you to choose games that are not too violent or crude but we can stop you if we don’t like them!

You have permission to play as long as
- you have done the chores you are supposed to do
- you have completed homework
- it is not a mealtime or some other family time when you are expected to take part.
- you are involved in other activities like sport, a job, social activities etc.
- it is not inconvenient to the rest of the family
- you talk to us if you see something that scares you or upsets you
- you share family game equipment with others in the family.

Online video games
- You may not use bad language or insults when gaming with others
- You must follow all our other internet rules (e.g. not identifying yourself to strangers, giving personal information or making purchases without permission)
- Any expenses you incur must be paid back
- You may not play any gambling games

If you do not follow these rules, then there may be the following penalties -
- You lose the privilege of playing games for a while (at home and elsewhere)
- Equipment may be confiscated for a period of time
- Also occasionally you have to play your parents and not roll your eyes when they cannot remember what the controls do. You should also let them win occasionally!

This contract will be reviewed on the following date _______________.

Signed _______________ Signed _______________

Date _______________